

GROUND

wellbeing

GROUND seeks to address real-world issues such as sleep, anxiety, hormone fluctuations, gut health and cancer care.

GROUND BODY

Grounding Ritual <i>60/90 minutes</i>	€150/€200
Balancing Ritual <i>90 minutes</i>	€200
Restorative Ritual <i>60/90 minutes</i>	€150/€200
Cleansing Ritual <i>60/90/120 minutes</i>	€150/€200/€240



GROUND FACE

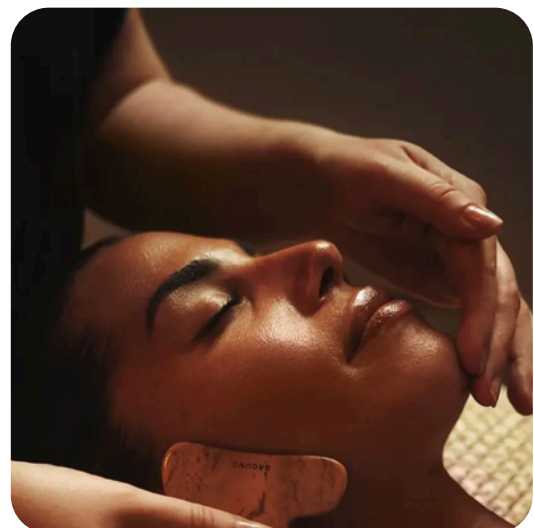
Mindful Face Ritual <i>60/90 minutes</i>	€145/ €195
Awakening Face Ritual <i>60/90 minutes</i>	€145/€195



GROUND BARRÓG TREATMENTS

Carefully created for those living with and beyond cancer.

Full Body Massage <i>75 Minutes</i> <i>60 minute treatment, 15 minute consultation</i>	€150
Barróg Soothing Ritual <i>105 Minutes</i> <i>90 minute treatment, 15 minute consultation</i>	€200
Barróg Restful Ritual <i>105 Minutes</i> <i>60 minute treatment, 15 minute consultation</i>	€200
Barróg Calming Ritual <i>105 Minutes</i> <i>60 minute treatment, 15 minute consultation</i>	€200



SEABODY™

Integrity and impact are at the core of marine-powered cosmetics and nutraceuticals. Carefully designed to deliver visible benefits without harm to our planet.

SEABODY FACE

Touch Facial
60 minutes

€145

Suaimhneas le Sheen
90 minutes

€200



SEABODY BODY

Connect Full Body Massage
60 minutes

€150

Rebalance Body Wrap
70 minutes

€180

Scalp Release
45 minutes

€100

Back and Face Elevate
60 minutes

€160



ELEMIS

A skin wellness brand with a commitment to results. An innovative and global British skincare brand with over 30 years of expertise

ELEMIS BODY

Intensely Cleansing Salt Scrub <i>45 minutes</i>	€90
Tropical Sheen Glow <i>60 minutes</i>	€135
Musclease Wrap <i>60 minutes</i>	€125
Cellutox Wrap <i>60 minutes</i>	€125



ELEMIS FACIALS

Superfood Expert Touch Nourish Facial <i>50 minutes</i>	€125
Dynamic Resurfacing Touch Nourish Facial <i>50 minutes</i>	€125
Pro Collagen Expert Touch Nourish Facial <i>50 minutes</i>	€125
Ultra Smart Expert Touch Nourish Facial <i>50 minutes</i>	€135
Biotech Expert Touch Facial <i>80 minutes</i>	€185
Sheen Signature Facial <i>30/60 minutes</i>	€60/€130



EASANNA

WELLNESS & SPA

SHEEN MASSAGE TREATMENTS

Deep Tissue Massage

30/60 minutes

€ 85/ €160

Rejuvenating Massage

30/60 minutes

€75/€150

Hot Stone Massage

60 minutes

€165

Indian Head Massage

45 minutes

€115

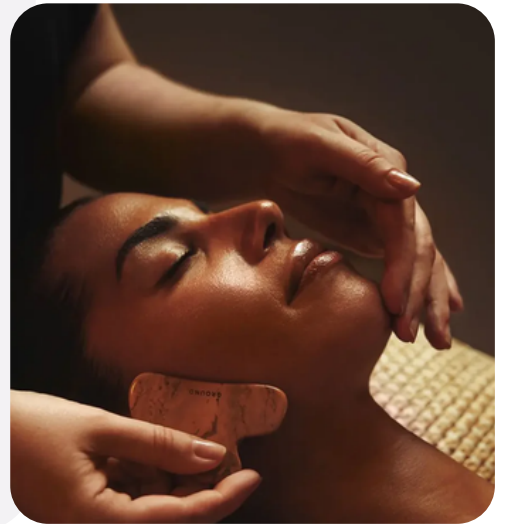


MUM TO BE TREATMENTS

Parental Massage

45 minutes

€130



SHARED EXPERIENCE TREATMENTS

Bliss for Two

90 minutes

€480 (for 2 people)

Time for Two

45 minutes

€260 (for 2 people)

Optional Add On:

Deep Tissue Massage

€10 per person

Hot Stone Massage

€15 per person



EASANNA

WELLNESS & SPA

HAND & FOOT TREATMENTS

Manicure/Pedicure €70

60 Minutes

Includes: foot soak, scrub, massage, nail and cuticle work, OPI nail lacquer application

Add-Ons

Gel Polish: 15 minutes €10

Builder Base (BIAB): 20 minutes €15

Gel Polish Removal: 30 minutes €30

Best Foot Forward €70

30 minutes

Reflexology €115

45 minutes



BEAUTY TREATMENTS

Full Leg Wax €35

Half Leg Wax €25

Bikini Line Wax €20

Underarm Wax €18

Lip/Chin Wax €15

Eye Trio (Eyebrow Shape, Tint, and Eyelash Tint) €30

Eye Duo (Any Two) €25

Eyelash Tint €15

Eyebrow Shape (Wax, Shape,) €15

